

“We were so pleased to have found Corporate Teams. Your staff excelled at facilitating our event making it very beneficial for our teams and a whole lot of fun!”

- Staples



Rock Climbing & Rappelling

Combining the thrill of individual and team achievement, Rock Climbing and Rappelling are sure to energize the team. Participants explore risk-taking, leadership, communication, problem-solving and coaching as teams work collaboratively to achieve their objectives.

The team will begin the event with a series of thought provoking and strategic rock climb initiatives and build to the opportunity of experiencing several high rappelling challenges. Team members must effectively utilize their team resources and manage the skills that each individual brings to the team.

The objective is to complete each challenge and to discuss what elements of team and leadership were used to successfully complete the activity.

Corporate Teams is dedicated to integrating the specific team and leadership challenges and opportunities that your team currently faces into the overall event and providing a strong alignment of these into the Team Foundation and Team Management segments of the program.

The team will walk away with thought provoking learning and actionable steps that will increase individual and team performance.

Ideal Environment:

- Corporate Meetings
- Retreats/Annual Kick-Off Meeting
- National/Regional Meetings
- Team/Corporate Restructuring

Team Size:

- 5 – 100

Space Requirements:

- Outdoor

Timeframe:

- 2 hours – 4 hours

Physical Challenge:

- High

888.508.9943

www.CorporateTeams.com



Rock Climbing & Rappelling Overview

Foundation

The foundation is the alignment of team objectives and team challenges/opportunities to the Rock Climbing and Rappelling event. The time spent here provides a jumpstart to the activities and builds a framework for team members to integrate their experience to the dynamic workplace environment. Teams are asked to set goals for how they will work together and examine leadership roles.

Action

This is where the action takes place! Teams will be required to strategize, analyze potential alternatives, develop an implementation plan, execute the plan and measure the results. The team will rotate through both rock climbs and rappelling challenge elements.

Results

This is where the adventure meets the workplace. Teams will gather together to answer questions about sharing best practices, leadership at all levels, and interpersonal dynamics. The Rock Climbing and Rappelling event provides the opportunity for teams to identify valuable insights that link to the overall objectives for your team. This 'Action Debrief' addresses the key objectives of the team and what was learned during the event that can be brought forward into the workplace.

Outcomes & Objectives

- Kick start new project teams into action
- Increase collaboration and trust within intact teams
- Build interdependence and risk taking skills
- Improve communication within the team
- Clarify roles and responsibilities

